

## PHARMACOGENOMICS SAMPLE PREPARATION CHECKLIST

### REQUIRED FORMS

- Completed Requisition Form

Correct and complete specimen identification is essential for accurate test results.

### CRITERIA FOR SPECIMEN REJECTION

- Specimen received at Premier Genomics >30 days from the time of collection
- Minimum patient identification information was not provided

### CHEEK SWAB: PROCESS AND PREPARATION

- Insert one swab into one side of the mouth to the inside of the cheek. Press firmly and rub the swab against the inside of the inner cheek for at least 60 seconds to collect cheek cells, using a circular motion.
- Repeat cheek cell collection with second swab on the opposite cheek.
- Place each swab back into the dry transport tube.
- Fill out name and date of birth on patient identification label located on dry transport tubes.

- Place both swabs into biohazard bag.
- Seal the biohazard bag and place the completed requisition in the slot on the side of the bag.
- Drop the completed specimen collection kit into the FedEx pak.

*NOTE: Complete patient name and date of birth MUST be on primary container for specimen processing (i.e. dry transport tube containing swabs).*

### SHIPPING

- Keep the specimens at room temperature until FedEx pick-up
- Send e-mail, subject: PICK UP REQUEST, to [dnatest@premiergx.com](mailto:dnatest@premiergx.com) with office location and hours of operation to schedule FedEx pick up
- Place sealed swabs into biohazard bag along with completed requisition

- Place biohazard bag into shipping bag
- Ship specimens using the pre-printed FedEx Express delivery label (provided) to:  
  
Premier Genomics, 250 Ed English Drive, Building 3 Unit E,  
Shenandoah, TX 77385

**Contact Premier Genomics at 1-888-416-8118**  
with questions about sample preparation and shipping.